

# SPINAL TAP for ANIMALS



Tap or massage  
acupoints along both  
sides of the spine  
while repeating the  
EFT tapping phrases  
and affirmations

**Relieves Stress, Balances Energy  
and Promotes Health & Healing**

[www.tapawaypain.com/blog](http://www.tapawaypain.com/blog)

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